

# WAIHEKE FOOD CHARTER

## OUR VISION FOR A SUSTAINABLE LOCAL FOOD SYSTEM:

Waiheke Island's food system is **thriving and alive**.

Our food system is supported by **good governance** and **collective action** across food initiatives on the island.

We grow **abundant, healthy, food** on our land that feeds **all of our community members**.

**No one is hungry** and everyone has access to **affordable, nutritious food**.

Our oceans are **abundant** with **marine** life, our waterways are **healthy**, and our surplus **rainwater** is stored and saved.

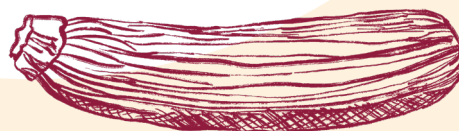
Our **soils** are **healthy and regenerating**.

We have **no food "waste"**.

We make **nutrient-dense** living **compost** that supports **food production**.

## HUA PARAKORE

- The Hua Parakore framework refers to the six kaupapa of Hua Parakore, which are interrelated in their intention and how they are expressed in food systems: whaka-papa, wairua, mana, māramatanga, te ao tūroa, and mauri. Hua Parakore is a holistic approach that supports Te Ao Māori (Māori worldview) for food systems change. We recognise that it is not the only kaupapa Māori framework for food and support other frameworks as well.



## FOOD ECONOMY

- We have a thriving food economy that employs people to do good jobs across the food system and initiatives.
- It is financially viable to run a food initiative on the island for farmers, growers, restaurants and stores. We are proud of our food workers earning a living this way.
- We are a connected network of home gardens, community gardens and market gardens that produces food at the scale and level given the land availability and people power. There is something for everyone.
- Our network of connected food initiatives grows and is interconnected, strengthening our food provenance and story.
- We have a thriving farmers' market and financially sustainable market gardens that people can buy locally grown food from.
  - Food is affordable for people.



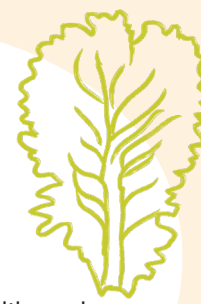
## FOOD SKILLS AND RESILIENCE

- We are a highly skilled island population with the know-how and the wisdom to have a thriving food system, from growing to making, cooking and eating food.
- Initiatives are supported to help educate people, particularly youth and new residents to the island, in how to garden the land on Waiheke.
- Cooking skills and programmes are offered to help people learn to cook and also to cook what's grown on Waiheke.
- We are connected and prepared in times of emergency, supporting and caring for those who are vulnerable and in need of food.



## HEALTHY FOOD

- Food education and literacy is improved on the island to better understand healthy food.
- Our food produced on the island is healthy and nutrient dense.
- Healthy food is connected to healthy soils and also healthy minds.
  - Healthy food is affordable and an easy option for people.



## ENVIRONMENT

- Our environment on land is interconnected with our ocean environment.
- The community goals for the environment on the island, such as increasing biodiversity on land, and abundance in the ocean, are also interwoven into our food system goals.
- We strive to regenerate the life supporting capacity of our island. This includes preservation of our aquifers and enhancing life in the water on land and in the sea.
- We are connected to nature and act accordingly through our actions in our food system. For example, we eliminate food waste and instead create compost as a resource on-island to enhance our soil and biodiversity.
- Water scarcity and droughts are a challenge to our food system. We are capturing and storing water in times of surplus in order to water crops and have food in times of drought.
  - Reforestation is recognised as key to maintenance of the local and broader water cycles.
    - We grow climate appropriate crops for Waiheke, crops that do well in times of drought and during heavy rainfall.



We,

**support the principles of this charter to improve the food system of Waiheke.**

This charter was prepared by the Waiheke community with support from the Waiheke Local Board

Proudly supported by  
**Waiheke Local Board**  
Auckland Council

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